MONKTON SENIOR SCHOOL - Week 1

NOV - FEB 2027

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	*Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Yoghurt with Dried Fruit & Seed Toppings & Fresh Whole or Cut Fruit, Clipper Coffee & Clipper Teas & Infusions*					
Toasted Plain Bagels Toasted Cheese Bagels Avocados Sliced Ham Sliced Pastrami Cream Cheese Strawberry Greek Yoghurt Fruit Juice	Sausages Fried Eggs Baked Beans Hash Browns Cut Fresh Melons Fruit Juice	Plain Croissants Ham & Cheese Croissants Cheese Croissants Mini Omelettes Baked Beans Seasonal Cut Fruit Mango Smoothie	Bacon Fried Eggs Grilled Tomatoes Hash Browns Fruit Platters Hot Chocolate	Sausages Scrambled Eggs Baked Beans Mushrooms Fried Halloumi Cut Fresh Oranges Fruit Punch	Bacon Fried Eggs Grilled Tomatoes Toasted English Muffins Hash Browns Mixed Berry Greek Yoghurt Fruit Juice	**Full English Breakfast** **OR** **Brunch, Lunch or Picnic to suit the Boarders' Activities**
Lunch	*Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Yoghurt with Dried Fruit & Seed Toppings & Fresh Whole & Cut Fruit*					
Garlic & Rosemary Chicken Thigh Crispy Sweet Chilli Tofu (v) Steamed White Rice Sweetcorn Garden Peas Hickory BBQ Sauce Peri Peri Mayo Vanilla Sponge	Traditional Roast Beef Yorkshire Pudding Vegetable & Lentil Loaf (v) Roast Potatoes Cabbage Carrots & Parsnips House Gravy Creamy Pepper Sauce Horseradish Sauce Apple & Berry Crumble With Cream	Sri Lankan Pork Curry Split Lentil Chickpea Curry (v) Steamed White Rice Vegetable Samosas Naan Bread Mango Chutney Raita Dip Light Coffee Cake	Crumbed Buttermilk Chicken Strips Tempura Vegetables in Sweet Chilli Sauce (v) Large Tortilla Wraps Sweet Chilli Mayonnaise Hot Korean BBQ Sauce Street Slaw Lettuce Cucumber Salad Ginger Spiced Fruit cake	Battered Catch of the Day Or Sausage Rolls Cheese & Onion Pastry Chunky Chips Baked Beans Mushy Peas Tartare Sauce Lemon Wedges Yoghurt with Fruit Compote	Beef Bolognese Tomato & Basil Sauce (v) Macaroni Pasta Sweetcorn & Peas Parmesan Cheese Garlic Bread Chocolate Muffins	
Supper	*Hot Dish of the Day, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Yoghurt with Dried Fruit & Seed Toppings & Fresh Whole & Cut Fruit, Tea & Coffee*					
Minced Beef & Onion Pies Cheese & Onion Pies (v) Mashed Potatoes Green Beans Roast Carrots House Gravy Chocolate Chip Shortbread	Seafood Laksa Green Vegetable Laksa (v) Flat Noodles Blanched Asian Greens Red Chilli Moolie & Coriander Salad Freshly Fried Spiced Rocket Lime Slices Fruit Platter	Peri Peri Chicken Drumsticks or Skin on Thighs Crispy Paprika Veg (v) Herby Diced Potatoes Baked BBQ Beans Creamy Slaw Super Charged Mayonnaise Dark Chocolate Cake	Beef Meatballs in a Rich Tomato Sauce Sweet Potato Falafel In Tomato Basil Sauce (v) Spaghetti Broccoli Carrots Rice Krispie Cakes	Teriyaki Pork Tempura Vegetables with Sweet Chilli Sauce (v) Egg Noodles Stir-Fried Vegetables Spring Rolls Prawn Crackers Sweet Chilli Sauce Lemon Drizzle Cake	Soft Butterflied Chicken Burgers Garden Burgers (v) Soft White Baps Skinny Chips Coleslaw, Cheese Ketchup Mayo & Sweet Chilli Ice Cream Pots	**Boarders' Choice**