MONKTON SENIOR SCHOOL - Week 3

NOV- FEB 2027

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	*Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Yoghurt with Dried Fruit & Seed Toppings & Fresh Whole or Cut Fruit, Dusty Ape Filter Coffee & Clipper Teas & Infusions*					
Fried Eggs Baked Beans Baked Halloumi Toasted Plain Muffins Hash Browns Seasonal Cut Fruits Mango Smoothie	Bacon Scrambled Eggs Sautéed Mushrooms Baked Beans Fruit Platters Hot Chocolate	Sausages Fried Eggs Grilled Tomatoes Baked Beans Hash Browns Strawberry Greek Yoghurt Fruit Juice	Toasted Plain Bagels Cheese Bagels Avocados Sliced Ham Sliced Pastrami Cream Cheese Cut Fresh Melons Fruit Juice	Bacon Scrambled Eggs Fresh Baguettes Baked Tomatoes Roasted Halloumi Cut Fresh Oranges Fruit Punch	Sausages Fried Eggs Baked Beans Hash Browns Mushrooms Mix Berry Greek Yoghurt Fruit Juice	**Full English Breakfast** **or** **Brunch, Lunch or Picnic to suit the Boarders' Activities**
Lunch	*Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Yoghurt with Dried Fruit & Seed Toppings & Fresh Whole & Cut Fruit*					
Mac 'n' Cheese Roast Veg Medley (v) Tomato Sauce (v) Garlic Mushrooms Red & Green Pesto Crispy Fried Onions Parmesan Cheese Green Beans Focaccia Bread White Chocolate Brownies	Roast Chicken Breast or Honey Glazed Gammon Vegetable Loaf (v) Roast Mid Potatoes Carrots Cabbage Cauliflower Cheese House Gravy Creamy Mustard Gravy Apple Crumble with Cream	Mexican Beef Chilli Butternut & Butter Bean Chilli (v) Steamed White Rice Sweetcorn Peppers & Leeks Sour Cream Guacamole Tortilla Wraps Taco Shells Lemon Drizzle Cake	Crumbed Chicken Breast Katsu Curry Thai Green Vegetable & Butterbean Curry (v) Steamed Rice Stir-Fried Vegetables Cucumber & Lettuce Salad Cabbage & Coriander Slaw Hot Pear & Ginger Sponge Custard	Battered Catch of the Day Sausage Rolls Spicy Winter Vegetable Pie (v) Chunky Chips Baked Beans Garden Peas Tartare Sauce Lemon Wedges Ketchup Yoghurt with Fruit Compote	Ham, Bacon & Leek Carbonara Roasted Vegetable & Pesto Bake (v) Spaghetti Sweet Corn Steamed Green Beans Garlic Bread Garden Salad Parmesan Cheese Blueberry Muffins	
Supper	*Hot Dish of the Day, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Yoghurt with Dried Fruit & Seed Toppings & Fresh Whole & Cut Fruit, Tea & Coffee*					
BBQ Pulled Beef Homemade Crispy Vegetable Nuggets (v) Potato Wedges Folded Flatbread Street Slaw Mixed Cheese Shortbread	Scampi Roast Vegetable & Cheddar Cheese Quiche (v) Skinny Fries Baked Beans Peas Tartare Sauce Ketchup Lemon Wedges Mixed Assortment of Cakes	Roast Chicken Breast Burger Vegetable Burger (v) Burger Bun Crispy Cubed Potato Lettuce Tomatoes Onion Rings Ketchup Mayonnaise Chocolate Tart	Grilled Sausages Vegetable Sausages (v) Mashed Potatoes Roast Squash Broccoli Onion Gravy Cheeseboard & Crackers	Vegetable Ramen Broth (v) Sliced Pork Soft Chicken Strips Mixed Seafood Crispy Tofu (v) Boiled Half Eggs Sliced Mushroom/ Carrots Spinach / Greens / Spring Onions Green beans Udon Noodles Fried Seaweed Chilli Flakes & Soy Sauce Fried Onions Sticky Date Cake	Build Your Own Hot Dog Frankfurter Sausage Vegan Hot Dog Sausage (v) Ultimate Hotdog Roll Skinny Fries Creamy Coleslaw Fried Onions BBQ Corn Cobs Mayonnaise Ketchup Mustard Ice Lollies	**Boarders' Choice** MONKTON