MONKTON PREP SCHOOL - Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	*Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Greek-Style Yoghurt, Fresh Whole or Cut Fruit, Clipper Teas & Infusions*					
Fried Eggs Baked Beans Hash Browns Grilled Tomatoes Crumpets Freshly Cut Fruit Fruit Juice	Sausage Patty Scrambled Eggs Cheese Slices Mushrooms, Baked Beans Breakfast Muffins Freshly Cut Fruit Fruit Juice	Cheese & Ham Croissants Cheese Croissants Plain Croissants Mini Omelettes Baked Beans Freshly Cut Fruit Fruit Juice	Scrambled Eggs Sliced Ham & Cheese Smoked Salmon, Avocado Baked Beans Bagels Freshly Cut Fruit Fruit Juice	Cheese Toasties Grilled Bacon Baked Beans Mushroom Hash Browns Freshly Cut Fruit Fruit Juice	Grilled Sausages Poached Eggs Baked Beans Grilled Tomatoes Tea Cakes Freshly Cut Fruit Fruit Juice	**Full English Breakfast** **or** **Brunch, Lunch or Picnic to suit the Boarders' Activities**
Lunch	*Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Greek-Style Yoghurt & Fresh Whole & Cut Fruit*					
Pork Meatballs Sweet Potato Falafels (v) Tomato & Basil Sauce Mashed Potatoes Green Beans Roast & Sliced Carrots Banana Sponge	Honey Roast Gammon Roast Veg & Pesto Gnocchi (v) Apricot Stuffing, Roast Potatoes, Glazed Carrots & Parsnips Savoy Cabbage,Gravy Apple & Pear Crumble Custard	Beef Bolognese Cheese Sauce (v) Tomato Sauce (v) Penne Pasta Broccoli, Sweetcorn Green Pesto Garlic Bread, Parmesan Chocolate Brownie	Aromatic Chicken Jalfrezi or Korma Sauce Spinach & Chickpea Curry (v) Steamed Rice Garden Peas Roast Spiced Cauliflower Naan Bread Mango Chutney, Raita Peach Cobbler & Cream	Battered Catch of the Day or Cod Fish Fingers Leek, Tomato & Cheddar Quiche (v) Chunky Chips Baked Beans Mushy Peas & Peas Lemon Wedges Tartare Sauce Yoghurt & Compote	Traditional Beef Lasagne Tomato Sauce (v) Penne Pasta Sweetcorn Steamed Beans Garlic Bread Parmesan Cheese Selection of Cakes	
Supper	*Daily offer of Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Greek-Style Yoghurt, Fresh Whole & Cut Fruit*					
Sweet Chilli Chicken Kebabs Halloumi Kebab (v) Jacket Wedges Street Slaw Corn Cobs Flatbread Fruit Platter	Breaded Cod Goujons Onion Bhajis (v) Chunky Chips Peas, Baked Beans Lemon Wedges Ketchup & Tartare Sauce Fruit Platter	Filled Paninis Selection Of Meat & Vegetable Fillings (v) Selection of Salads Lightly Salted Crisps Cheeseboard	Mexican Night Pulled Pork, Beef Chilli Vegetable Chilli (v) Jacket Wedges, Nachos Crispy Sweet Corn Sour Cream, Guacamole & Salsa Chocolate Cheesecake Raspberry Coulis	Hunters Chicken Halloumi & Vegetable Bake (v) Mashed Potato Green Beans Broccoli Bread & Butter Pudding	Butterfly Chicken Breast Spicy Bean Burger (v) Hobbs House Roll Curly Fries Coleslaw Corn Cobs Selection of Sauces Choc Ice	Boarders' Choice