MONKTON PRE PREP SCHOOL - Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	***Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Greek-Style Yoghurt, Fresh Whole & Cut Fruit***			
Pork Sausages Vegetarian Sausages (v) Mashed Potatoes, Sweetcorn, Broccoli, Garden Salad, Gravy, Crispy Onions Yoghurt & Fruit Salad Watermelon Slices	Traditional Roast Beef with Yorkshire Pudding Seasonal Vegetable & Lentil Loaf (v) Roast Potatoes, Steamed Carrots, Cabbage Maple Glazed Parsnips Gravy Apple & Rhubarb Crumble	Carbonara Tomato Sauce or Cheese Sauce (v) Spaghetti, Sweetcorn Broccoli, Garlic Bread Green Pesto Parmesan Cheese Yoghurt & Fruit Salad Orange Wedges	Breaded Chicken Strips Halloumi & Vegetables Kebabs (v) Steamed Rice Garden Peas Cajun Carrots Bajan Coconut Sauce Tomato Sauce Chocolate & Pear Sponge	Homemade Pizza (v) Cod Fish Fingers Shoestring Fries Garden Peas Baked Beans Garden Salads Yoghurt & Compote Fruit Smoothie