

MONKTON PREP SCHOOL - Week 3

MPS APR-JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Breakfast							
<i>Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Greek Yoghurt, Fresh Whole or Cut Fruit, Clipper Teas & Infusions</i>							
Hash Browns Baked Beans Fried Eggs English Muffins Fruit Juice	Sliced Cheese or Ham, Avocado, Smoked Salmon Scrambled Eggs, Bagels Tea Cakes Fruit Juice	Grilled Bacon Grilled Tomatoes Poached Eggs Crumpets Fruit Juice	Cheese Toasties Spaghetti Hoops Freshly Baked Pastries Fruit Juice	Grilled Sausages Sautéed Mushrooms Fried Egg Waffles & Berries Fruit Juice	Poached Eggs Baked Beans Grilled Tomatoes Hash Browns Tea Cakes Fruit Juice	<p>Full English Breakfast</p> <p>or</p> <p>Brunch, Lunch or Picnic to suit the Boarders' Activities</p>	
Lunch							
<i>Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Greek Yoghurt & Fresh Whole & Cut Fruit</i>							
Pork Sausages Vegetarian Sausages (v) Mashed Potatoes, Sweetcorn, Broccoli, Garden Salad, Gravy, Crispy Onions Fruit Jelly & Cream	Traditional Roast Beef with Yorkshire Pudding Seasonal Vegetable Loaf (v) Roast Potatoes, Steamed Carrots, Cabbage, Maple Glazed Parsnips, Gravy Apple & Rhubarb Crumble with Cream	Carbonara Tomato Sauce or Cheese Sauce (v) Spaghetti, Sweetcorn, Broccoli, Garlic Bread, Garden Salad, Parmesan Cheese Rice Krispie Squares	Build Your Own Fajita Chicken or Vegetable Fillings Mexican Rice, Stir Fried Vegetables Sugar Snaps, Sour Cream & Guacamole, Tortilla Chips Lemon Drizzle	Homemade Pizza A selection of toppings for you to choose from Shoestring Fries Corn Ribs Baked Beans Garden Salads Yoghurt & Compote	Beef Lasagna Red Pepper & Vegetable & Tomato Sauce (v) Penne Pasta Sweetcorn, Steamed Beans, Focaccia, Garden Salad, Parmesan Cheese Banana & Toffee Muffins		
Supper							
<i>Daily offer of Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Greek Yoghurt & Fresh Whole & Cut Fruit</i>							
Chicken Tikka Masala Thai Vegetable Curry Steamed Rice, Stir Fried Vegetables Sugar Snap Peas Poppadoms Naan Bread Fruit Platter	Breaded Catch Of The Day Vegetable Fritters (v) Skinny Fries Baked Beans, Garden Peas, Tartare Sauce Fruit Platter	Sweet Chilli Beef Strips Sweet & Sour Tofu (v) Noodles Spring Rolls, Sautéed Wombok Prawn Crackers Chocolate Mousse	BBQ Pulled Pork BBQ Pulled Jackfruit (v) Flatbread, Israeli Cous Cous, Salads & Chargrilled Corn Cobs, Crispy Onions Belgian Waffles & Sauces	Hunter's Topped Chicken Halloumi & Vegetable Stack (v) Filled Potato Skins Green Beans Steamed Broccoli Fruit Trifle	Chicken Sliders BBQ Pulled Jackfruit (v) Potato Wedges, Salads & Chargrilled Corn, Street Slaw Crispy Onions Ice Cream Bar	Boarders' Choice 	